

Jedburgh Medical Practice Newsletter

Winter Edition



Highlights

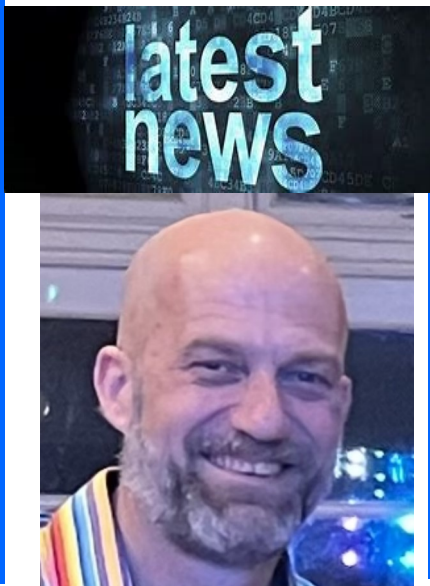
Surgery update

Thank you

December Statistics

Minor Injuries

Pharmacy First



2024 sees the start of a new partnership at Jedburgh Medical Practice with Dr Scott Ferguson joining the practice as a GP Partner, many of you will already know Dr Ferguson as he has worked with us as a locum on a Monday for a few years now, however we are delighted to welcome him as a GP Partner, where he will be working Monday, Wednesday and Thursday. Dr Ferguson is replacing Dr Robertson who left the practice in November to move away from the area to be able to spend more time with her family, we all wish Dr Robertson all the best in the future.

Minor Injuries

We often get phone calls into the surgery requesting advice around minor injuries. In 2018 there was a new GMS contract introduced by the Government which removed minor injuries from General Practice and placed them with the Health board, therefore when you call and are advised to speak to the NHS reception (at the other end of the building) for the treatment room or to call NHS24 on 111 for help, it is not because we do not want to help you but because we do not have the facilities within the practice to be able to treat your minor injury.

However, you do not need to worry you can access the help you require for any minor injuries by being seen in the treatment room if appointments available or by calling NHS 24 on 111 and asking for the minor injuries unit, they will then give you advice on what to do next. This may include a telephone consultation, and/or a face to face appointment at the minor injuries unit. If you are referred to the minor injuries unit you will be given a time to attend. You should contact the MIU for cuts & wounds; minor burns & scalds; sprains, minor injuries and broken bones; insect bites or animal bites; tetanus immunisation after injury; inor head injury—where no loss of consciousness or vomiting and no residual symptoms; removal of foreign bodies from ears, nose or eyes; nose injuries & broken noses. Treatment that can be given includes being able to arrange x-rays if required, applying plasters or splints and stitches and dress wounds.

Remember you should only attend the minor injuries unit if you are referred by NHS24 on 111.

Jedburgh Medical Practice Statistics

December 2023



Total appointments = 2098



Face 2 Face Consultations = 1169

HOME VISITS



Home visits completed = 35



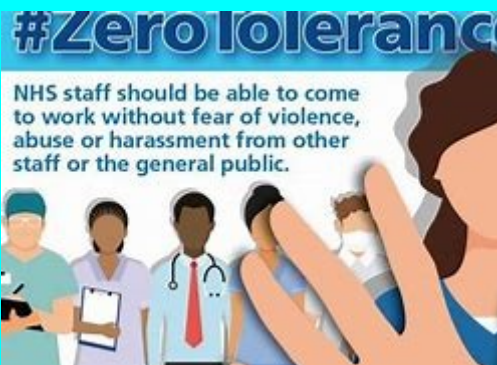
Prescriptions processed = 6600

Forgot your appointment?

oops!



Total missed appointments = 66



Every week our colleagues face abuse, this is not OK and will not be tolerated.

NHS PHARMACY FIRST SCOTLAND

ADVICE | TREATMENT | REFERRAL



If you have a minor illness, a pharmacy is the first place you should go for advice.

Pharmacy First Scotland is a service that is delivered by all Community Pharmacy teams across Scotland and puts the community pharmacy as the first port of call for managing minor illness. The pharmacist or a member of the team will ask about your symptoms, give advice on the conditions, provide medication if required or refer you onto a specialist clinician such as your GP, ANP, Optometrist or dentist if they feel more specialist care is required.

You should attend your pharmacy in the first instance for any of the following conditions:-

- Acne
- Allergies
- Athletes foot
- Backache
- Blocked or runny nose
- Cold sores
- Constipation
- Cough
- Cystitis (in woman)
- Diarrhoea
- Earache
- Eczema
- Headache
- Head lice
- Haemorrhoids
- Hay fever
- Impetigo
- Indigestion
- Mouth ulcers
- Pain
- Period pain
- Shingles
- Thrush
- UTI
- Veruccas
- Warts

Remember you can ask to use the pharmacies consultation room if you want to speak to the pharmacist in private.



Finally everyone at Jedburgh Medical Practice would like to say thank you for the indredibly generous gifts we received throughout the month of December. These gifts are greatly appreciated by all our staff.



From All at Jedburgh Medical Practice.