



## JEDBURGH MEDICAL PRACTICE NEWSLETTER 2023

[www.jedburghmedicalpractice.co.uk](http://www.jedburghmedicalpractice.co.uk)

### PATIENT INFORMATION - WINTER VACCINATION CLINICS

NHS Scotland will contact people who are eligible for a flu vaccine only. You should attend the appointment you've been given, or rearrange your appointment as soon as possible. Flu vaccines are being prioritized in September.

Flu and coronavirus vaccines will be offered to those eligible between September and December, it's strongly recommended you get vaccinated if you're eligible this winter. Invitations for people who are eligible will start being sent from late August. You may receive your invitation at a different time than previous years.

The postal invites will arrive in white envelopes with clear NHS Scotland branding. People with digital preference will receive their vaccine appointment or prompt by text and/or email.

If you work in health and social care you can book your appointment now by visiting NHS inform.

Remember your GP Practice does not administer the vaccines, or have information on the clinics, therefore we kindly ask that patients avoid contacting our reception for information on the vaccine clinics.

Please visit [www.nhsinform.scot](http://www.nhsinform.scot) For information on your winter vaccines.

### NHS Pharmacy First Scotland

This service is provided by all community pharmacies. It means that our community pharmacies should be our first port of call for managing self-limiting illnesses and supporting self-management of stable long-term conditions.

The pharmacy team provide a consultation service that can result in 3 outcomes: advice, treatment or referral. Pharmacists work with their local health care professional colleagues to agree on referral procedures.

If treatment is required, pharmacist, like GPs, can only provide certain medicines and products on the NHS. All of these are proven to be effective for treating your condition. If you want a specific medicine or product, you may need to buy it.

Pharmacists can give you advice and treatment (if you need it) for minor illnesses such as: acne; allergies; athlete's foot; backache; blocked or runny nose; cold sores; constipation; cough; cystitis; diarrhoea; earache; eczema; headache; head lice; haemorrhoids; hay fever; impetigo; indigestion; mouth ulcers; pain; period pain; sore throat; threadworms; thrush; warts and verruca's.

If the pharmacist thinks it is better for you to see your GP, they will give you a referral form to take to your GP surgery to make an appointment.



## Non-NHS Work Fee Change

The Government's contract with GP's covers medical services to NHS patients, including the provision of ongoing medical treatment. In recent years, however, more and more organisations have been involving doctors in a whole range of non-medical work. Sometimes the only reason that GPs are asked is because they are in a position of trust in the community, or because an insurance company or employer wants to ensure that information provided to them is true and accurate.

The BMA (British medical association) suggest fees for non-NHS work which is not covered under GPs NHS contract, to help GPs set their own professional fees. We have reviewed and updated our fees based on these recommendations. Full details relating to this can be found on our website [www.jedburghmedicalpractice.co.uk](http://www.jedburghmedicalpractice.co.uk) and a list of our fees are shown here....

All fees must be paid in advance of work being completed and supplied. We only accept cash or cheque payments.



Service	Fees
To whom it may concern letters to support claims such as housing, education, insurance, sports	£30.00
Firearm/shotgun certificate	£60.00
Letter to take medication abroad	£30.00
Fitness to travel without examination	£30.00
Fitness to travel with examination	£50.00
Holiday cancellation certificate Exc examination	£30.00
Holiday cancellation certificate with examination	£50.00
CAMP America Forms	£30.00
Private medical exams HGV,PSV, Taxi, DVLA	£130.00
Sickness/accident claim form completion	£20.00
DVLA medical over 75's	£60.00
Access to medical records	£10.00

We reserve the right to suspend, extend processing times for private/non-nhs work at any time due to busy period.



# Prescriptions

## Non-Repeat Items (Acute Requests)

Non Repeat Prescriptions known as 'Acute' prescriptions are medicines that have been issued by the Doctor but not added to your repeat prescription records. This is normally because the medication is either new or requires a regular review and close monitoring by a clinician.

## Repeat medication

If you need regular medication and your doctor does not need to see you every time, you will be issued with a 'repeat prescription'. When you collect a prescription you will see that it is perforated down the centre. The left-hand side is the actual prescription. The right-hand side (re-order slip) shows a list of medicines that you can request without booking an appointment to speak to or see a Doctor. Please only order medicines you actually need. Repeat prescriptions will normally be processed by the practice and sent to your chosen pharmacy **within 48 hours**, following your written request arriving at the surgery.

## How long will my prescription take to be dispensed?

Please allow 7 days for your pharmacy to dispense your medication. If you have spoken with your Doctor and they feel that you need your medication more urgently, they will either ask you to collect your prescription from the Practice, or they will arrange for your prescription to be processed by the pharmacy urgently – usually within 48 hours, for collection after 4:30pm

## Patient Access

If you have registered for our Patient Access service you will be able to order your repeat medication online

If you would like to register for this service please either:

- send an email to [administration.jedburghmedicalpractice@borders.scot.nhs.uk](mailto:administration.jedburghmedicalpractice@borders.scot.nhs.uk) making sure that you include your full name, date of birth and home address
- collect a registration form from our reception team

## OPENING TIMES

Mon-Thurs	8:30am	6:30pm
Friday	8:30am	5:30pm
<b>GP's in the Practice</b>		
Monday	Dr Macintyre Dr Mitchell Dr Galliano Dr Ferguson (locum)	
Tuesday	Dr Macintyre Dr Mitchell	
Wednesday	Dr Macintyre Dr Robertson Dr Galliano	
Thursday Friday	Dr Robertson Dr Mitchell Dr Macintyre (every 2 <sup>nd</sup> Friday)	

## APPOINTMENTS

To make an appointment with one of our Clinicians please call the surgery on 01835863361 as close to 8.30am as possible. If possible you will be offered an appointment for the same working day, or we can offer limited pre-bookable 2 weeks/48 hours in advance with a GP.

All our appointments with our Advanced Nurse Practitioners are on the day. Therefore, you are advised to call as close to 8.30am as possible to get a face to face appointment with them.

## GENERAL INFORMATION

Jedburgh Medical Practice provides Primary Care Services to 7000 patients. The areas covered are circled in red on the map below. If you live out with this area please speak to one of our patient advisors who will provide you with information on how to move to a practice closer to where you live.



