



SUMMER NEWSLETTER 2023

JEDBURGH MEDICAL PRACTICE
www.jedburghmedicalpractice.co.uk



Welcome to Dr T Galliano



Last month we were delighted to welcome Dr Tommy Galliano to our team, Dr Galliano started with us on 2 April and will be working in the practice on a Monday and Wednesday. He is joining the practice as part of the newly launched Borders GP Fellowship scheme which hopes to eventually attract more fully qualified GPs to move to the Scottish Borders.

Here is what Dr Galliano has said about joining the practice “I’m very much looking forward to starting at Jedburgh Medical Practice which I am doing as part of the Borders GP Fellowship Scheme. I have lived in the Borders for 2 years and have a wife and 2 young children. I am originally from Gibraltar and have previously worked as a Doctor in England and studied medicine in London.

Travel Vaccination Update

With summer fast approaching many of us will be thinking of jetting off to sunnier climates, however visiting other countries can sometimes put individuals at risk of diseases not normally found in the UK. No-one wants to become ill during their holiday therefore start planning as soon as possible – book your holiday – book your vaccinations if required.

The NHS advise that you start to arrange vaccinations at least 8-12 weeks before you depart for you holiday, this will ensure any vaccinations provided take full effect before travelling. Although the most common destinations for UK travellers are considered low risk there are certain destinations, specific advice, vaccinations or additional protection, such as anti-malarias that might be necessary. Getting risk assessed and vaccinated against certain diseases before travelling is one of the most effective things a traveller can do to protect their health abroad. Some vaccinations are given as a precaution, while others may be required to enter a particular country. For further information, visit www.fitfortravel.nhs.uk.

Your GP is unable to provide travel vaccinations however NHS Borders runs a weekly travel health clinic in Borders General Hospital, offering essential risk assessment, guidance and vaccinations before patients start their journey.

You can contact the vaccination hub by emailing vaccination.bookinghub@borders.scot.nhs.uk or calling 01896809250.



Information on Face Masks

Scottish Government guidance on extended use of face masks and face coverings in hospitals primary care and wider community healthcare was withdrawn on 16 May 2023.

Masks will no longer be required to be worn routinely by staff, patients or visitors.

Public Holidays 2023

The surgery will be closed on the following dates in 2023 due to Public Holidays. Please ensure you have enough medication to cover these periods.

Monday 10 April 2023

Monday 1 May 2023

Monday 8 May 2023

Friday 7 July 2023

Monday 17 July 2023

Monday 9 October 2023

Monday 25 December 2023

Tuesday 26 December 2023



Prescriptions

Non-Repeat Items (Acute Requests)

Non Repeat Prescriptions known as 'Acute' prescriptions are medicines that have been issued by the Doctor but not added to your repeat prescription records. This is normally because the medication is either new or requires a regular review and close monitoring by a clinician.

Repeat medication

If you need regular medication and your doctor does not need to see you every time, you will be issued with a 'repeat prescription'. When you collect a prescription you will see that it is perforated down the centre. The left-hand side is the actual prescription. The right-hand side (re-order slip) shows a list of medicines that you can request without booking an appointment to speak to or see a Doctor. Please only order medicines you actually need. Repeat prescriptions will normally be processed by the practice and sent to your chosen pharmacy **within 48 hours**, following your written request arriving at the surgery.

How long will my prescription take to be dispensed?

Please allow 7 days for your pharmacy to dispense your medication. If you have spoken with your Doctor and they feel that you need your medication more urgently, they will either ask you to collect your prescription from the Practice, or they will arrange for your prescription to be processed by the pharmacy urgently – usually within 48 hours, for collection after 4:30pm

Patient Access

If you have registered for our Patient Access service you will be able to order your repeat medication online

If you would like to register for this service please either:

- send an email to administration1.jedburghmedicalpractice@borders.scot.nhs.uk making sure that you include your full name, date of birth and home address
- collect a registration form from our reception team

OPENING TIMES

Mon-Thurs	8:30am	6:30pm
Friday	8:30am	5:30pm
GP's in the Practice		
Monday	Dr Macintyre Dr Mitchell Dr Galliano Dr Ferguson (locum)	
Tuesday	Dr Macintyre Dr Mitchell	
Wednesday	Dr Macintyre Dr Robertson Dr Galliano	
Thursday Friday	Dr Robertson Dr Mitchell Dr Macintyre (every 2 nd Friday)	

APPOINTMENTS

To make an appointment with one of our Clinicians please call the surgery on 01835863361 as close to 8.30am as possible. If possible you will be offered an appointment for the same working day, or we can offer limited pre-bookable 2 weeks/48 hours in advance with a GP.

All our appointments with our Advanced Nurse Practitioners are on the day. Therefore, you are advised to call as close to 8.30am as possible to get a face to face appointment with them.

GENERAL INFORMATION

Jedburgh Medical Practice provides Primary Care Services to 7000 patients. The areas covered are circled in red on the map below. If you live out with this area please speak to one of our patient advisors who will provide you with information on how to move to a practice closer to where you live.



