

NEWSLETTER



Childhood Immunisations

The NHS's National Immunisation Programme is offered to all children from the age of 8 weeks.

These vaccines have been traditionally carried out by our Practice Nurses however from October 2021 they will become the responsibility of the NHS Healthboard. Vaccines will continue to be carried out in Jedburgh at the Health Centre, and you will receive an invitation directly from NHS.

Cervical Screening

The cervical screening test (smear test) is designed to check your cervix for the Human Papilloma Virus (HPV).

If HPV is found, we'll then look at the same sample for cell changes. HPV causes 99% of all cervical cancers. Cervical screening can stop cervical cancer before it starts.

Cervical screening is routinely offered for women aged 25-64 years every 5 years. Although the screening programme was initially paused early last year, testing has resumed with extra appointments already been made available. NHS will send you an invitation direct – please contact the Practice and make an appointment when you receive this. Further support & information can be found at: www.jostrust.org.uk/



Nursing Team

At Jedburgh we have an experienced nursing team that carry out a wide variety of health checks. Meet our Team.....

Angela Leitch **Practice Nurse**

Angela has been with the Practice a number of years and has a wealth of knowledge and experience. Angela carries out childhood immunisations, sexual health screening and chronic disease reviews.

Lauren Elliot **Practice Nurse**

Lauren is our newest member of the nursing team who joined us just last month. Lauren carries out chronic disease reviews, as well as sexual health screening.

Annie Sweeting **Healthcare Assistant**

Annie has also been with the Practice for a number of years. Annie carries out blood tests for a variety of reasons including chronic disease reviews, as well as blood pressure checks, ECGs, warfarin checks & new patient medicals

Vicky Colvine **Healthcare Assistant**

Vicky joined the Practice at the end of last year, and has been carrying out blood tests, ECGs and BP checks for patients. Vicky also carries out warfarin checks for patients.

Chronic Disease Reviews "Birthday Month"

Long-term illnesses are managed by the whole health care team – including GPs, nursing staff and healthcare assistants. Most chronic illness requires yearly reviews and is looked after by our nursing team. It is recommended for patients with long term conditions to have an annual review. Some of these conditions require monitoring with blood tests or other tests such as breathing or urine tests. Reviewing your condition on an annual basis will enable us to ensure we continue to prescribe you the correct medication.

Following a pause in reviews last year we have been working our way through these annual recalls since April 2021. We have moved over to a Birthday month review system, with the August letters about to be sent to patients. Please bear with us as we work our way through, however if you have concerns about your condition please do not hesitate to contact the Practice and we will make an appointment for you.

STAFF NEWS

We say farewell to Dr Maria Fowler who will leave Jedburgh Medical Practice in September 2021. We wish Dr Fowler success in her new role, and thank her for her support and contribution.